





Natchez Trace Parkway and the Multi-Use Trail in Ridgeland. Some trails even lead to cafes and specialty shops! Ridgeland's BMX and mountain biking will thrill adrenaline seekers. Somehow, all that high performance fun is even better knowing that Southern Hospitality, fine food and crisp sheets await at the end of the day!

This recognized Bicycle Friendly Community boasts the spring Natchez Trace Century Ride with 25, 50, 62 or 100-mile distance options for the entire family; the Heatwave Classic Triathlon with 24.5 miles of biking through the historic Natchez Trace Parkway; the annual Ridgeland OBO Tandem Rally; locally-owned bicycle outfitters and shops; 14.76-mile multi-use trail and specially designated mountain bike trails.

Need a bike rental? We have that too for road, mountain or city bike rentals. Visit our outfitters for gear, signature events and more. For more on Ridgeland's cycling culture, including upcoming events, visit **www.visitridgeland.com**.

INFORMATION FOR CYCLISTS ON MULTI-USE TRAIL SHARING THE TRAIL



No speeding

- Control your speed. The trail is not designed for high speeds.
- Slow down when encountering pedestrians.
- Slow down when sight lines are obstructed.



Signal when passing

- Warn pedestrians at least 2-3 seconds before passing them.
 Use a bell or announce your approach clearly.
- Be aware that some pedestrians may not hear you.
- Be alert to leashes before passing a dog-walker.



Earphone dangers

- If using earphones or ear buds, keep one ear open at all times on the trail.
- Be able to hear approaching trail users.

INFORMATION FOR CYCLISTS ON ROADWAYS RULES OF THE ROAD



Always wear a helmet

- Follow the law and wear a helmet.
- Helmets must be worn while riding on any street, sidewalk, bikeway, trail or public property.



Share the Road

- Ride on the right
- Ride in the right third of the lane.
- Ride with the flow of traffic, not against traffic.
- Obey all traffic laws.
- Use a reflector or wear reflective tape.



Be predictable and alert

- Use hand signals to stop or turn.
- Do not ride too close to parked cars since doors can be suddenly opened.
- Plan for obstacles such as gravel, puddles and road surface changes.



INFORMATION FOR MOTORISTS

SHARING THE ROAD

Drive Cautiously:

- Reduce speed when encountering cyclists.
- Do not tailgate.
- Recognize hazards cyclists may face and give them space.

Yield to Cyclists:

- Bicycles are considered vehicles.
- Cyclists should be given the appropriate right of way.
- Allow extra time for cyclists to traverse intersections.

Watch for Children:

- Children on bicycles are often unpredictable.
- Expect the unexpected and slow down.
- Do not expect children to know traffic laws.
- Because of their size, children can be hard to see.



FOR MORE INFORMATION



City of Ridgeland

304 Highway 51 • (601) 856-7113 www.ridgelandms.org



Ridgeland Tourism Commission

1000 Highland Colony Parkway, Suite 6006 800.468.6078 • 601.605.5252 www.visitridgeland.com

Natchez Trace Parkway

800-305-7417 • www.nps.gov/natr

Ridgeland Police Department/Public Safety Communications 601-856-2121

Bicycle Safety Information from the League of American Bicyclists